

BEST PRACTICE -I

1. Title of the Practice: Book Review

2. Objectives of the Practice

- To encourage students and faculty to read books
- To give students a platform and environment to discuss books

3. The Context

It was observed that number of students visiting the library was dwindling. They prefer to be on the phone than reading a book. So the Library Committee thought of a Book Review club to bring students back to the library and involve them in reading and intellectual discussions.

4. The Practice

The college holds a book review session every Saturday in the library. Students are notified beforehand about the event. Every week a student is assigned a book to read and review on the coming Saturday. A teacher in charge supervises the activities, moderates the event, helps with the discussion, encouraging students to speak and read.

5. Evidence of Success: Increasing number showed that

- More students are visiting the library.
- Growing interest in reading
- Students are participating in discussions about books.
- Confidence level of students is increasing.

6 Problems encountered

Inhibition of students to participate in the activity, their non-serious attitude. It is challenging to find books that can hold the interest of students. Sometimes they fail to participate due to their busy and demanding class schedule.

7. Resources Required: A section of library and books that can interest the young readers.

BEST PRACTICE-2

1. **Title of the Practice:** Distribution of sanitary napkins.
2. **Objectives of the Practice:**
 - To ensure health and hygiene of girl students belonging to economically weaker section
 - To reduce the risk of infection as well as provide comfort and security to girls.
3. **The Context:**

To give benefit of this initiative to all girls.
4. **The Practice:**

The programme aims to address poor awareness among girls about menstruation, which often impedes college girls' mobility and participation in daily activities. The free distribution of sanitary napkins ensures that girl students have access to menstrual hygiene facilities. The college aims to promote safe menstrual practices and eco-friendly use of menstrual waste.
5. **Evidence of Success**

This practice aims to mainstream menstrual hygiene within the college in order to bring about a change in knowledge, attitudes and behaviour among college-going girls, in order to overcome the barriers of poor awareness that often restrict their independence, mobility and participation in daily activities.
6. **Problems encountered**

Supply of sanitary napkins, Inhibition of students to come forward and collect napkins
7. **Resources required**

Funding for buying sanitary napkins, storage area